

January 2015



CENTRAL VALLEY CENTRAL SCHOOL DISTRICT

Harry M. Fisher Elementary Parent News

◆ Frances C. LaPaglia-Principal ◆

Letter from the Principal

Happy New Year! I hope that you had a wonderful holiday season and were able to spend time with family and friends. Now that winter has settled in, I need to remind you of a few items that are necessary for the safety of all students:

- Arrival and dismissal procedures are going pretty smoothly due to your cooperation.
- Our doors open at 7:30a.m. for students eating breakfast at school. No students are to be dropped off prior to this time as we do not have staff on duty to supervise. K-2 Students not eating breakfast will wait in the foyer, students in grades 3 & 4 will remain outside until 7:45 *please dress accordingly*.
- Our Pre-K students are now being dropped off at the cafeteria door no earlier than 8:00 a.m.



Our Character Education Committee has come up with a slogan for our program... students who demonstrate behaviors that go above and beyond what is considered age/grade appropriate will be recognized each month by their teacher or any other adult in the school. These students will be known as a "Fabulous Fisher Friend" for that month.

- If recognized, the student's name and photo goes on a fish with a statement about his/her good character.
- The fabulous Fisher Friends list will be on display in the front entrance of the school.
- Students will be acknowledged on morning announcements and will receive a letter in the mail as well as a certificate and the names will be on the Districts' website.
- In addition, parents will receive a bumper sticker .

This program is different than student of the month in that all students can be recognized month after month. Those students that are continually excellent role models, will receive a star next to their name to indicate the number of times he/she has been recognized. This display will remain on display for the rest of the school year.

Thank you-

Important Dates

School Resumes	January 5
No School MLK Day	January 19
2nd marking period ends	January 29
3rd marking period begins	January 30

Phys Ed. Class

A note from

Mr. Patrei and Mrs. Raux

The weather is getting cold and snowy.
Please make sure your children have
sneakers for P.E. class for safety reasons.

Thank you!



Christmas Cards/Operation Candycane

Fisher Elementary students were very busy before break- in addition to operation Candy Cane they were busy writing out Christmas Cards for our service men and women. The items collected this year will be to support the Gregory J. Harris Room at the Syracuse Hancock International Airport. This is one of only a few privately funded military lounges in the nation. It offers snacks, drinks and a comfortable place for our servicemen and women to rest while they await flights or transportation to their next destination. Participating in Operation Candy Cane as well as writing cards to our servicemen and woman teaches our students character traits that will be with them a lifetime.



OT Article January 2015

Occupational Therapy, or OT, in the school setting is to help students be more successful at school. We work directly with students, meet with teachers, and are here to work with you as parents. We work with students on daily tasks in school including printing, drawing, scissor skills, keyboarding and getting along with others. We also help students with coordination and making their eyes and hands work together, along with holding a pencil, and creating an environment where your child can learn most effectively. Please tune into future newsletters for fun home OT ideas to help your kids.

This month's OT idea is to include your children in the baking and meal time process. Stirring, pouring, measuring, mixing, sequencing, reading, and picking ingredients all have OT benefits. Setting the table, cleaning up and even serving also help the child learn. Be sure to incorporate good manners and communication into the family meal time.

Bus Safety

A reminder about bussing- having your child ride the school bus is a *privilege*. Any time a student places anyone else on the bus in danger of any kind, whether it be getting in and out of ones seat, standing, throwing items etc. This is a serious and dangerous situation.

If your child exhibits this behavior your child will be *removed from the bus* and it will be the parent/guardian responsibility to provide transportation to and from school for a length of time that we see fit.

Cameras are used on ALL school buses for safety reasons.

Fisher Elementary students have been given assigned seats on the bus. They should enter the bus, sit in their seats, and be respectful to drivers, monitors and other students.

Thank you for your cooperation.



~ Mrs. Zelman RN

The cold and flu season is upon us. Symptoms of the flu vary among everyone. The most common symptoms are fever, cough, runny nose, sore throat, headache, chills, vomiting, and diarrhea. You or your child may experience one or more of these symptoms.

Below are some basic guidelines if you think your child is experiencing flu-symptoms:

- If you are feeling ill (fever, cough, sore throat, vomiting, diarrhea) **STAY HOME!**
- If you have a fever (100 or higher), you are not allowed to return to school until you are fever free for **24 HOURS and off all fever reducing medications.**
- If someone in the house is sick, try to keep that person in a separate room from other members of the house.
- Cover your cough or sneeze. Use a tissue and wash your hands. If a tissue isn't available, cover your mouth and nose with your sleeve (bend of elbow), not your hand.

Follow this with good hand washing. The rule of thumb for hand washing is to sing Happy Birthday twice while washing your hands.

- Avoid touching your eyes, nose, and mouth. This is how germs spread.
- Wash your hands often with soap and water, especially after you sneeze or cough.
- Clean and disinfect surfaces and objects.

Prevention is the key in helping to reduce the spread of infection. Flu shots are offered every Tuesday and Thursday between the hours of 9AM - 11AM at Herkimer County Public Health. They are located on the 3rd floor of the county building. The cost for the shot is \$20. Flu shots are also available at most pediatrician offices as well as most pharmacies.

Snow Days

That time of year has come when school may be closed due to inclement weather. Please listen to the radio or watch local TV stations in the morning to see if school is going to close or be delayed. If there is a **delayed opening**, **DO NOT** drop your children off at the usual time as there will not be staff available to ensure their safety or let them into the school. **Please be sure to have a back-up plan ready for child care in the event of such a delay or closure.** If we have a snow day, the letter day for that particular day will be skipped. Therefore, if we have a snow day on a B day, the next day classes are in session will be a C day.

Also, we ask that you do not call the school, radio, or TV stations. The decision to close is made by the district and the decision is not made for our school alone. If you suspect a possible school closing or delay, please check the following radio and TV stations:

TWCN	WFRG-BIG FROG	WRFM-93.5
WRCK-ROCK 107	WODZ-OLDIES 96	WLFH-AM-1230
WKLL-K-ROCK	WIBX-950 AM	WSKS FM-97.9
WLZW-LITE 98.7	WOUR-FM 96.9	WBUG-101.1 FM
WKTV		



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