

## THE THIRTEENTH ANNUAL MOTT MARATHON CHALLENGE WAIVER

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I hereby certify that I am in good health and I have trained to run the distance of the race, which I am entering. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry into this running race on Thursday, June 13, 2019, I, for myself and anyone entitled to act on my behalf, waive and release the Central Valley School District, its officers, directors, agents, volunteers and employees, all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event.

Participant Signature \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

*\* All students from the Class of 2019 participating must have this signed by their legal guardian even if they are 18 or older.*

Director Signature \_\_\_\_\_

**Relay teams**-You are responsible for counting each other's laps and generally supporting one another. There is no set format on how you need to split up the distance as long as your team completes 105 laps. Your finishing time is the total time it takes for each runner.